



# KLIBUR DOMIN NEWSLETTER

**No.4 – July 2014**

## WELCOME

*“Welcome to Klibur Domin’s newsletter. I hope you enjoy reading about our latest events and program developments. Klibur Domin, with the support of Ryder-Cheshire Australia, is committed to work with government through Ministry of Health, Ministry of Social Solidarity and other INGOs to relieve the suffering of people who are affected by Tuberculosis disease, disabled and destitute people. I am proud of our facility and our staff who provide quality care for our patients and clients at Klibur Domin and in the remote community. I am glad to be a part of Klibur Domin, and I hope you too will be a part of our important work in Timor-Leste, by either donating to support our programs or volunteering with us. Klibur Domin is a vital part of the development of healthcare and social assistance to vulnerable people within remote community in Timor-Leste.”*

Director, Joaquim Soares, Klibur Domin

## ACTIVITIES IN LIQUISA DISTRICT FOR WORLD TB DAY 24 MARCH 2014

Klibur Domin conducted various activities during March to coincide with World TB Day. Two staff teams from Klibur Domin together with staff from Ministry of Health and Catholic Relief Service (CRS) conducted the activities from 18-21 March.

The activities focused on 9 villages and involved a campaign; distribution of postcards and posters; and film nights. One of the cars was fitted with loud speakers, enabling the team to travel around the villages and market places providing audio information about TB, while reinforcing the information by distributing a postcard with information about TB. These postcards were produced in a collaboration between Ryder-Cheshire Ballarat, Klibur Domin and CRS. During the evenings, people attended a film night: they watched 3 Ministry of Health films about TB and were then entertained by a general interest entertainment film. A quiz was held after each of the TB films and people were actively participating for their chance to win a prize. It is estimated that 3800 people received the TB postcards and 1000 participated in the film nights.



## **BUY BASKETS AT KLIBUR DOMIN**

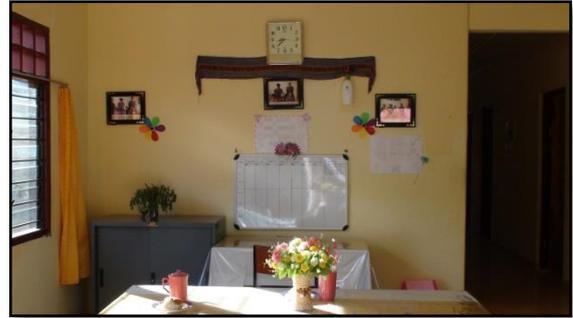
Isabel, the mother of one of Klibur Domin's long-term patients, has lovely baskets for sale. She makes them from recycled plastic which she collects from Tibar tip, the tip for all the garbage from Dili. The Rotarians in June and the Champion students in July purchased some baskets, and if you are around KD for some time you can request certain colours. Future volunteers should ask whether Isobel has baskets available.



### **UMA BARBARA**

Over the past twelve months living conditions of Uma Barbara have greatly improved due to the efforts of the AVI nurse mentor, Maria working with the staff towards more patient centred care. Carers have been employed specifically for Uma Barbara's residents. They organise the residents to eat meals together, and offer daily diversional activities. They ensure that residents have supplies such as hygiene products and clothes. One resident, who previously stayed in her room and didn't talk, now speaks with others and is taken outside in a wheelchair, while another who had to be forcibly washed now washes herself and has started sleeping inside the house. The residents are more content, and there is less aggression between them. It has been a

challenge working with the nursing staff towards more patient-centred care, but the changes so far are very positive for residents and carers alike.



### **MT GAMBIER ROTARY TEAM**

In June a team representing Mt Gambier Rotary worked on several much needed projects. The team, Andrew Buchalka, Rosalie and Nick Hunt, Leanne Thomas, and Sue Black made a big contribution in just two weeks to the new Rotary Cottage, Mt Gambier Rotary had provided funds to employ local workers to replace roof and ceilings, repair damaged walls and windows, and prepare the external areas. The team completed most of the external and internal painting after intensive cleaning, and bought outdoor furniture. The cottage now provides comfortable accommodation.

As well as working on Rotary Cottage 2, the group transformed one of the general wards (Ward 2) which had become quite rundown and shabby. They cleaned the floors and walls, repainted, repaired windows and flyscreens, with much interest from the patients. Ananias, a 20 year old long-term patient who has paraplegia and is largely confined to his bed, now has a much brighter and cleaner room for himself and his family carers.

The group managed to fit in several other jobs including new shelving for the storeroom in St Damien's Respite Centre and installing pin boards, while demonstrating new techniques to the maintenance staff. The staff and patients greatly appreciated the group's flexibility, friendliness and enthusiasm. KD is very grateful for the wonderful ongoing support from Rotary Mt Gambier.



### JACK'S BUS

In October 2013 Anne Bergin from South Caulfield Parish visited KD and decided to make a substantial donation to RCA in memory of her late father Jack. Anne donated AU\$30,000 for a bus to transport patients to appointments at the National Hospital in Dili and other medical services.

In January KD purchased and refurbished a second hand Toyota Hiace minibus to replace the old minibus which was in a dangerous state of disrepair. Since then 'Jack's Bus' has

taken patients to and from Dili numerous times, including twice weekly trips with four patients who need dialysis. It has clocked up 9,700 km in nearly 6 months, with only a couple of minor repairs despite the poor condition of Dili's roads. This minibus also provides emergency transport to Dili hospital for the local community. All the inpatient staff and the patients who rely on this transport, especially those who get dialysis twice a week in Dili, are very grateful for the improved transport.



### CAMPION COLLEGE STUDENTS VISIT

From 14-27 July, four students from Campion College in Sydney – Cara Hladik, Anna Mathai, Liam Reeves, Tobias O'Keefe completed various projects at KD including: relocating and renovating a container for the safe storage of financial and clinical documentation; refurbishing a painting on the container to preserve some of the early history of KD; constructing insect screens for the external doorways on two of the wards and on Uma Barbara; re-varnishing the exterior wood panels on the Clinic; repairing torn mosquito netting on windows; conducting a workshop over two days on cross-stitching with two girls living at St Damien's Respite centre for diversional therapy and skills development; and general assistance with vehicle maintenance.. Campion College had raised

money to fund all these projects, and money was also donated to finish the disabled-access bathroom at the nearby Franciscan School; to buy a generator for the GeneXpert machine which will diagnose Multi-Drug-Resistant Tuberculosis; and for a scholarship to assist with costs of attending tertiary education for the St Damien's residents currently attending secondary school at the Franciscans. The trip was a great success, and all involved hope it will be able to reoccur on a regular basis.



## STAFF TRAINING

- Two KD staff are undertaking the pilot Diploma I CBR Course at Universidade Nasional Timor Leste. They expect to graduate in September 2014.
- The remaining 11 staff completed a 3 day three-day course in First Aid conducted by Red Cross in February 2014, so all staff are trained to deal with emergencies.
- In March 2014 three Senior Managers attended a one week training on Project Cycle Management and three staff attended a one week training on Admin/Finance Management; this training was provided by Satunama, an NGO in Jogjakarta, Indonesia.

## VISITORS & VOLUNTEERS

Over the last 12 months KD was grateful to a number of volunteers for their support, including:

- Tim Burn (RCA): Management support and advice;
- Meredith Kefford (AVI): Administration and Finance Mentor;
- Maria de Jesus (AVI): Nurse Mentor for Inpatient Program;
- Karen Champlin (AVI): Mentor for TB Program;
- The team from Mt Gambier Rotary: Sue Black, Rosalie Hunt, Nic Hunt, Leanne Thomas, and Andrew Buchalka;
- Deb Shaw, Deb Wardle, and Oli Wardle: assisted with renovations of Ward 1 and installed a privacy curtain for the clinic;
- Ondria Cheeseman (RCA): Inpatient Program short time volunteer, prepared materials for education about common diseases and treatments;
- Dianne Haddon (RCA): short term volunteer, reviewed policies and issues from a legal perspective
- Siobhan Reeves (RCA): returning volunteer;
- and Liam Reeves, Cara Hladik, Anna Mathai, and Tobias O'Keefe: students from Campion College.

KD also welcomed a number of visitors, including Bishop Hilton Deakin, and representatives from Handicap International, UNHCR, the Korean Institute, and the University of Sydney.

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