



KLIBUR DOMIN NEWSLETTER

No.3 – November 2013

WELCOME

"Welcome to Klibur Domin's newsletter. I hope you enjoy reading about our latest events and program developments. Klibur Domin, with the support of Ryder-Cheshire Australia, is committed to work with government through Ministry of Health, Ministry of Social Solidarity and other INGOs to relieve the suffering of people who are affected by Tuberculosis disease, disabled and destitute people. I am proud of our facility and our staff who provide quality care for our patients and clients at Klibur Domin and in the remote community. I am glad to be a part of Klibur Domin, and I hope you too will be a part of our important work in Timor-Leste, by either donating to support our programs or volunteering with us. Klibur Domin is a vital part of the development of healthcare and social assistance to vulnerable people within remote community in Timor-Leste."

Director, Joaquim Soares, Klibur Domin

CVTL FIRST AID TRAINING FOR KLIBUR DOMIN STAFF

Cruz Vermelha de Timor Leste (CVTL), the Red Cross Society of Timor-Leste, conducted a three-day course in First Aid for 15 members of Klibur Domin's staff in November. The training included the principles of first aid care, treatment for specific injuries, handling an emergency situation, moving victims, etc. On the final day a simulation of an accident was conducted which was both an important learning exercise and test and also provided entertainment for the patients! All the participants concluded the training successfully and were awarded certificates by our Director and the CVTL Training Manager.



DONATED ITEMS TO THE CLINIC



Auspected by Ryder Cheshire Australia, registered as a Qualifying Charitable Organisation in Republica de Democratica de Timor-Leste [Reference: TIN 5001 255]

VIDA ABUNDANTE LITERACY DEVELOPMENT PROGRAM AT KLIBUR DOMIN

Vida Abundante, a local NGO with the objective of improving literacy in Timor-Leste, provided literacy classes for three months as a pilot project at Klibur Domin in St Damien's Respite Centre. These classes were facilitated by Olinda Soares Guterres and Diane Pery. There were 8 participants in the class, including TB patients and persons with disability. Klibur Domin is very grateful to Vida Abundante for providing these classes.



TB MOBILE TEAM'S WORK

In May Kees Sprengers, a photographer from New Zealand who has been assisting Klibur Domin, accompanied the TB team to a village near Maubara. In his words: "The purpose was to visit a string of little hamlets in the steep hills and locate possible Tuberculosis sufferers, identify them, counsel them and take a sputum sample for analysis in their nearby temporary field basis, where the lab technician was on standby with her microscope. The team was already on the hill, on their third day, camped in the community house in a village. I joined the

team of four, three male nurses and a student community health worker who also acted as a local guide". Klibur Domin is a major player in combating TB in Timor-Leste.



ROTARIANS' RENNOVATIONS

In June a team of Rotarians from Mt Gambier, South Australia led by John Kirby renovated a previously staff accommodation cottage for use as accommodation for volunteers. The house was re-roofed, re-wired, re-painted and fitted with new windows and doors. The team also constructed a courtyard at the back of the house.



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HOHA PILOT PROJECT HELD AT KLIBUR DOMIN

Hands on Health Australia (HOHA) is currently conducting a pilot project in Timor to implement their Sustainable Training, Treatment, Employment Program (STTEP), which is designed to provide effective, affordable and sustainable treatment, training and employment opportunities for musculoskeletal conditions, under their general mandate of facilitating volunteers to provide healthcare to marginalised communities. The first week of each month is spent receiving intensive training at Klibur Domin, and during the remainder of the month the students implement their new skills in their respective workplaces. Two Klibur Domin staff members are part of the training. The training will conclude in December.

CRAFT WORKSHOPS FOR PATIENTS



Klibur Domin is very grateful to Andrea Mandel, who since September this year has volunteered to provide training in crochet and other craftwork when she is in Timor-Leste. This training serves as both diversional therapy while also giving the patients skills which they can use in their

communities. Both male and female patients have participated in the training and have made some very lovely and useful things, including purses and water bottle carriers.

EXPANSION OF CBR PROGRAM

The Community Based Rehabilitation Program continues to expand. Recently a workshop was held in the district of Ermera to introduce the CBR Program to local administrators and village chiefs. Klibur Domin's director, Joaquim Soares, answered questions on how to refer and support people with disabilities, how to identify different types of disability, how to mobilise the community and how Klibur Domin assists with therapy and social assistances. The CBR program is also developing a monitoring and evaluation framework which will strengthen the program.



OPENING OF HOLY CROSS MDR-TB OFFICE

On Friday 11 October the new MDR-TB office was blessed and opened at Klibur Domin. In attendance were Peter Newton President of Ryder Cheshire Australia, Father Francis Burns, Constantino Lopez

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Director of the National TB Program, Dr Vikas from the Ministry of Health, and other guests along with staff and patients. The director of Klibur Domin, Joaquim Soares, spoke about KD's MDR-TB program and Peter Newton and Constatino Lopez also spoke. The building was then blessed by Fr Burns. This new office will provide a safe working environment for the MDR-TB staff and improve patient care at Klibur Domin, which is the only in-patient care facility for MDR-TB in Timor-Leste. KD is grateful to the Holy Cross Parish of South Caulfield, Melbourne, Australia for their generosity.



PLEASE CHECK OUT THE NEW WEBSITE

Klibur Domin has a new website! Please visit www.kliburdomin.org. The website is also available in Tetun.

VISITORS & VOLUNTEERS

In May the following Rotarians volunteered after a District Rotary Conference in Dili: Daniel Mattsson, Martyrn, Wilkinson, Tony Allan, Ada Hosein and Therese Crollick. The Mt Gambier Rotary team in June consisted of John Kirby, Michael Underdown, Judy Christensen, Jean McArthur, Mark Teakle and Heather Teakle. In June a nurse from Australian Volunteers International (AVI), Maria de Jesus, started a twelve month placement with the Inpatients Program. Also in June a self-funded volunteer, Tim Burn started a one year placement to conduct an Organisational Capacity Assessment and update the Strategic Plan. Also in June Bishop Deakin visited Klibur Domin. In September, AVI nurse Maria Simoa da Silva Tilma assisted at for 3 weeks. In late September, Meredith Kefford, an AVI, started an 18 month placement at Klibur Domin to assist with management and administration. She is accompanied by her partner Bruce Lavender. In October Clare Shaw from Target TB UK visited for one week. Also in October Peter Newton, Fr Francis Burns, Anne Bergin and Tess Bergin visited KD for a week. Siobhan Reeves remains at Klibur Domin and will finish in December. Klibur Domin is very grateful for all the assistance from our volunteers.

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