



Ryder-Cheshire Australia
www.ryder-cheshire.org

Klibur Domin Timor-Leste

Photo © Kees Sprengers

Klibur Domin – Timor-Leste

In 2000 Ryder-Cheshire Australia established a health care facility in the village of Tibar and called it Klibur Domin which in the local language, Tetum, means "Sharing with Love". Australian volunteers managed Klibur Domin for its first four years. In 2004, management was transferred to the Timorese, and volunteers now provide advice and guidance to more than 40 local staff. Ryder-Cheshire Australia remains the major source of funding for the ongoing operation and further development of Klibur Domin.



Aged Residents

A small group of aged and destitute residents live at Klibur Domin in their own cottage. Some of them have disabilities.

Inpatient Services



Klibur Domin has 50 beds for low care patients referred from the Dili National Hospital and District Health Clinics. This allows the hospital to free up beds for higher priority patients. The patients at Klibur Domin suffer from tuberculosis, malnutrition, fractures, strokes, wounds and some are receiving pre and post surgery care.



Rehabilitation Centre

In 2009, an existing building was renovated for use as the Rehabilitation Centre for physiotherapy and occupational therapy. It is an excellent facility and very well equipped with rehabilitation equipment, wheelchairs and mobility aids from Australia.



Community Based Rehabilitation (CBR)

Supporting People with Disabilities

A mobile rehabilitation team has identified several hundred people with disabilities who now receive support from Klibur Domin in their villages. Clients receive medical treatment, physiotherapy and occupational therapy. Wheelchairs, ramps, and other special equipment are provided to assist with mobility. Many of the children in the program now attend school, whereas before they had no option but to stay at home.

How Can You Help Klibur Domin?

Donate Now

All donations of \$2 and over are tax deductible. A receipt will be issued.

My donation is \$

OR: Become a Sponsor, and donate each year

I would like to become a sponsor of: (tick one)

Inpatient Services Program Tuberculosis Program CBR Program for People with Disabilities

My annual sponsorship contribution is \$ 365.00 OR \$(please nominate a different amount)

More Information

- Please send me information on:
- Klibur Domin Sponsorship Scheme
 - Volunteering at Klibur Domin
 - How to make a bequest to support Ryder-Cheshire

Fighting Tuberculosis

Nearly 0.8% of the Timorese population suffer from tuberculosis (TB) - one of the highest rates in the world and Timor-Leste has the second highest death rate in the world. Klibur Domin is one of the major centres in Timor-Leste combating this potentially fatal disease, under three programs.

A Mobile TB Team travels to remote villages diagnosing and treating people. Hundreds of people have been cured of TB which has been virtually eliminated from many villages. Most patients are treated locally with medication taken under the supervision of trained Timorese volunteers. To



improve the detection rate, Klibur Domin now has a GeneXpert machine which provides extremely fast diagnoses of both TB and MDR-TB so ensuring treatment is commenced as early as possible.

Inpatient Treatment

Half of the 50 inpatient beds are occupied by TB patients referred from the Dili Hospital, Health Clinics or the Mobile TB Team. The patients can spend months at Klibur Domin before being clear of the disease. Multi Drug Resistant TB (MDR-TB) is the most virulent form of TB and may take more than 12 months of intensive treatment to cure. Klibur Domin treats patients in a purpose built MDR-TB Ward, the only such facility in Timor-Leste.



Respite Care

A 12 bed Respite Centre provides intensive therapy, good nutrition, rest and recuperation for disadvantaged people from outlying districts.

Sponsorships

Ryder-Cheshire operates a Sponsorship Scheme where sponsors contribute \$365 a year (just \$1 a day) to support one of three programs being conducted at Klibur Domin.

- Inpatients Services Program
- TB Program
- CBR Program for People with Disabilities

Sponsorship contributions can be varied up or down to meet the wishes of the sponsor.

Sponsorships are tax deductible and are vital to our fund-raising efforts.

Please complete the section in the "How Can You Help Klibur Domin" and/or tick the appropriate square to receive more information on the Sponsorship Scheme.



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Ryder-Cheshire Australia

Ryder-Cheshire Australia is a non-religious, charitable foundation dedicated to the relief of suffering, without discrimination. It is run entirely by unpaid volunteers and 100% of all money donated reaches Klibur Domin.

Other Initiatives

Ryder-Cheshire also supports Raphael, a 200 bed home in northern India.

In Australia, there are Ryder-Cheshire homes in Melbourne (Ivanhoe), Mount Gambier and Singleton.

Timor-Leste Statistics - 2015

- Dili is just a 40 minute flight from Darwin
- Population 1.2 million
- Life expectancy 67 years
- 46% of the population is under the age of 15
- Religion 99% Christian, 1% Muslim
- Literacy rate 58%
- Only 31% of children go on to secondary education
- 40% live in absolute poverty.
- The average income is only one US dollar a day and 40% live on less than 55 cents a day.

Klibur Domin

- Established in 2000 by Ryder-Cheshire
- 72 beds for residents and patients
- More than 40 Timorese staff
- Managed by Timorese
- Rehabilitation and Respite Centres
- Community Volunteer Development
- Community Based Rehabilitation Program working in local villages
- More than 200 Australian volunteers since 2000

Visit www.ryder-cheshire.org



Please Post To

Ryder-Cheshire Australia
PO Box 51 Glen Iris Victoria 3146

Your Name

Address Postcode

Telephone (.....) Mobile

Email

Cheque/Money order (payable to Ryder-Cheshire Australia) also payable by Credit Card Visa MasterCard

Amount \$

Credit Card Number/...../...../..... Expiry Date/.....

Name on Card

Signature